

### 03.2 Risk Assessment – Woking Homes Pool

**First Aid box is in the kitchen located in pool area, door behind the men’s changing room, and/or call reception on the phone by pool**

What are the hazards?	Who might be harmed and how?	What are we already doing?	Do we need to do anything else to control this risk?	Action who?	Action when?	Current Status
Slips and trips	A member, their helper or a volunteer by falling.	<p>Monitoring access to and between changing rooms and pool.</p> <p>Monitoring changing room conditions and set up.</p> <p>Monitoring pool and cover condition and set up.</p> <p>Ensuring that members in wheel chairs have a carer / helper in and out of the pool.</p> <p>Ensuring that members in wheel chairs use the disabled changing room and where necessary the hoist to get into / out of the pool.</p> <ul style="list-style-type: none"> <li>Informing pool management when problems occur or are foreseen</li> </ul>	<p>Monitor situation.</p> <p>Continue to advise pool users to take care walking around the pool, within and to / from the changing rooms and to use hand rails and seats provided</p>	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going
Session leaders unaware of health issues	All using / in attendance at pool.	Trainers and Lifeguard need to be made aware of any members whose health has deteriorated and could affect their ability to exercise at the start of each session.	At each session, the Trainer should ask if anyone has health concerns.	Trainer, Lifeguard, Trustees & all present	Each session	On-going
Trip hazards on poolside	All using / in attendance at pool by tripping.	<p>Clear guidance and reminders that no one should run or move more quickly than they are comfortable.</p> <p>Keeping poolside clear of all obstacles</p>	Monitor situation.	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going



Difficulties in the water	All using the pool.	All to note the location of life saving equipment at the pool. Trainer and Lifeguard to stay alert at all times All members to look out for each other and especially less able / non swimmers in the pool Carers / helpers must be in reach of their charge at all times	Note location of life saving equipment. Monitor situation in the pool.	Trainer, Lifeguard, Trustees & all present.	As necessary & identified.	On-going
Horseplay	A member, their helper or a volunteer when in the water	Clear guidance and reminders that no one should jump in push / duck others into the water; even in 'fun' at any time. None to enter pool when any part of the pool is covered. All in using / in attendance at pool to observe safety signs and notices at poolside.	Monitor situation.	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going
Failure to follow guidance	Anyone not behaving responsibly and acting in an unsafe manner	Stressing to users of the pool that they must not act in an unsafe manner and that they must follow the direction of those responsible for pool safety; e.g. Lifeguard, trainers, trustees. <ul style="list-style-type: none"> <li>After any accident or issue raised as a cause for concern, if the Trustees do not believe that a person can act responsibly they may be banned from the pool.</li> </ul>	Monitor situation.	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going
Use of Sauna or Jacuzzi	Anyone at the pool during one of our sessions.	No one attending one of our sessions at the pool should use either the Jacuzzi or the Sauna.	Monitor situation.	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going
Entering the pool area too soon	All members	All disabled members should wait until a Lifeguard or Trainer is present before going into the pool area or entering the water.	Monitor situation.	Trainer, Lifeguard, Trustees & all present	As necessary & identified.	On-going



Appropriate wear	A member, their helper or a volunteer when in the water	<p>Do not wear sharp or pointed articles in the water such as large hair clips or sharp jewelry that could hurt the wearer or another user of the pool if there is a collision between people or with swim / exercise equipment.</p> <p>Take care when wearing glasses in the pool, a knock can be painful to the wearer or others. If possible, and if it is safe, try not to wear glasses in the water.</p>	Monitor situation.	Trainer, Lifeguard, Trustees & all present.	As necessary & identified.	On-going
Improper exercise / use of pool equipment	A member, their helper or a volunteer when in the water.	<ol style="list-style-type: none"> <li>1. All members advised to train within personal limits and reminded during sessions.</li> <li>2. Trainer - Warming up members before exercise and monitoring during the session.</li> <li>3. Lifeguard on duty during session. When due to unforeseen circumstances a Lifeguard unavailable the trainer is to remain out of pool and monitor all members exercising.</li> <li>4. Carers and volunteers on hand in the water to assist members as necessary</li> <li>5. Trainer and all members monitoring use of equipment to remedy inappropriate use / inadequate support for members.</li> </ol>	Monitor situation and whenever a situation arises or any individual is identified as at special risk put steps in place to help remove, or mitigate possible problems	Trainer, Lifeguard, Trustees & all present.	As necessary & identified.	On-going
Medical Emergency	Any member, helper or volunteer.	<p>List of all active members, helpers, trainers and volunteers with emergency contact numbers available from Trustees, Trainers and Lifeguard</p> <ul style="list-style-type: none"> <li>• If incident occurs immediately report to Woking Homes reception for help on <b>phone by pool</b> for first aid support and if necessary requesting help from emergency services.</li> </ul>	Monitor members, helpers and volunteers during time at pool.	Trainer, Lifeguard, Trustees	As necessary	On-going



Pool water quality	All using / in attendance at pool could be affected by unsafe water.	All to monitor water quality as far as possible for users of the pool. <ul style="list-style-type: none"><li>• Woking Homes have responsibility for<ul style="list-style-type: none"><li>○ Testing pool water quality</li><li>○ COSHH compliance</li><li>○ Maintaining pool temperature</li></ul></li></ul>	Maintain contact with management of the pool advising them & members of any issues.	Woking Homes & Trainer, Lifeguard, Trustees & all present.	As necessary	On-going
Fire and building evacuation	Anyone attending a Woking Strokeability exercise session in any capacity.	Follow Woking Homes pool, fire and evacuation procedures as directed by their responsible staff members.	Monitor situation.	Trainer, Lifeguard, Trustees & all present.	As necessary	On-going